

2022 Intention(s)/Word of the Year

2022 Monthly Development

What did I accomplish this month?

How did I honor my intention(s)/word?

Is there something I am putting off?

How do I intend to honor my intention(s)/word going in to the new month?

What do I need to plan to make the new month successful? Is there anything I can carry forward from the last month? What should I leave behind?

What is worrying me?

How can I address my worry and try to move forward without it?

In a perfect world my life would look like this... (describe how your intention/word will influence your life for the better)