

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
December Daily from @2ndhandspirited: - Daily Journal prompts -or- - Single word journal prompt - Consider visual components - Have fun, no rules and no pressure		1 Countdown. Describe your holiday countdown?	2 Intention. Holiday Season Bucket List	3 Plan. Your holiday to-do list	4 Theme. Do you keep to a theme in your holiday decor?	5 Beauty. Draw or Insert a picture of your holiday tree/favorite decoration
6 Rhythm. Write the lyrics to your favorite holiday song.	7 Indulge. Describe/Draw or write the recipe for your favorite holiday treat.	8 Connection. Holiday card here or your card list.	9 Adorn. Describe holiday sights that inspire you.	10 Wonder. Is wonder inspired within you this season?	11 Gift. Describe the best gift you have ever given to another.	12 Warmth. Make a special cup of cocoa/coffee.
13 Peace. Ideal self care ritual.	14 Create. Crafty seasonal project. Leave details.	15 Receive. Give gifts or receive them?	16 Green. Draw/Describe your favorite plant of the season.	17 Brilliance. Light preference, describe your favorite lights.	18 Nourish. Write the recipe and/or draw your favorite cookie.	19 Prepare. Do you feel prepared to celebrate?
20 Joy. Describe something that brought you joy recently.	21 Observe. Is this season different? Do you notice any changes?	22 Tale. Draw/Write your favorite holiday story.	23 Remembrance. Honor those you will be missing this holiday	24 Tradition. Do you have an "Eve" tradition or is there one you would like to start?	25 Wish. Describe your day or your ideal day.	26 Breathe. Describe your feelings today.
27 Recollect. The best moment(s) of 2021.	28 Discard. Describe what you intend to leave behind in 2021.	29 Experience. Lesson(s) you will carry forward in to a new year?	30 Hope. Greatest hope for the new year?	31 Resolution. Do you feel relief, cautious optimism, or ambivalence for the new year?	<div style="border: 1px solid black; padding: 5px; display: inline-block;">Alternatives:</div> Innocence. Write a letter to Santa. Fun. How do you keep the holidays fun? Adventure. Do you have any holiday adventures?	

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